

## **I Remained Me And Only Myself**

I remained me  
And did not go beyond myself,  
Steeped in narrow perceptions,  
I did not see beyond myself!

I looked at the birds  
And praised their lovely songs,  
But they were only talking  
In their own language!

I described them as dancing  
While their frenzy was in tune with nature for nurture,  
And called their flight a happy soaring,  
Failing to spy the eagle behind them.

I termed their feathers "light"  
When for them it was a load heavy.  
Oh I envied their "freedom" calling them "carefree"  
Unaware they were heaving under the stress of life !

"Eye" was not used for vision,  
But "I" predominated my insight into all.  
Looking at lives different from mine,  
I gave them labels "suitable".

Imposing my ideas on others and about others,  
I continued to be "me" and could not go beyond myself!

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