



**Sultan Qaboos University**  
**College of Nursing**  
**Academic Staff Curriculum Vitae**



**OMAR AL ZAABI, PHD, MANP, DN (NURSE PRACTITIONER),  
 BSN, RN**  
**ASSISTANT PROFESSOR, CRITICAL CARE NURSING**

Date of Appointment at SQU	November 21, 2009
SQU ID	9002
Office Extension	5426
SQU Email	<a href="mailto:alzaabi@squ.edu.om">alzaabi@squ.edu.om</a>
Mobile Phone	96308130
Nationality	Omani
Department	Adult Health and Critical Care
Areas of Expertise	Critical Care Nursing; HIV; Adolescent Sexual Health; Sex Education

<b>ACADEMIC DEGREES</b>			
<i>Degree</i>	<i>Completion Date</i>	<i>Institution</i>	<i>Specialty</i>
Bachelor's of Nursing Science	2009	Sultan Qaboos University	Nursing
Master of Advanced Nursing Practice	2013	University of Melbourne; Australia	Advanced Nursing Practice
Doctor of Philosophy	2018	RMIT University; Australia	Nursing

<b>LICENSURE</b>			
<i>License</i>	<i>License Number</i>	<i>Licensure Country</i>	<i>Expiration Date</i>
Registered Nurse	9002	Oman	2014
Nurse Practitioner	3518010	Australia	2021

<b>CERTIFICATION</b>			
<i>Certificate</i>	<i>Certificate Type</i>	<i>Date Acquired</i>	<i>Expiration Date</i>
NIDA Clinical Trails Network	Research	2020	2023

<b>TEACHING RESPONSIBILITY</b>	
<i>Course Code and Title</i>	<i>Role/Responsibilities</i>
NURS2020 Adult Health Nursing 1 Theory	Course coordinator and clinical faculty
NURS2021 Adult Health Nursing 1 Clinical	Course coordinator and clinical faculty

<b>NON-TEACHING RESPONSIBILITY</b>	
<i>Office/Committee</i>	<i>Role/Responsibilities</i>
College Board	Member
Ethical Committee	Member
Curriculum Committee	Member
Peer Review of Teaching Committee	Member
Examination and Evaluation Committee	Member
Coordinator of Nursing Student Group	Coordinator
Sex education Journal	Reviewer



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Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine (ASHM)	Member
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<b>TEACHING EXPERIENCE AND EMPLOYMENT</b>			
<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	Role responsibilities (Brief)
Assistant Professor	SQU, Oman	2018- Present	Undergraduate nursing theory and clinical teaching.
Clinical Instructor	SQU, Oman	2009 – 2015	Undergraduate nursing clinical teaching.

<b>CLINICAL EXPERIENCE AND EMPLOYMENT</b>			
<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	Role responsibilities (Brief)
Nurse Practitioner	Royal Melbourne Hospital, Australia	2016- 2017	Providing primary and acute critical care to the adult patients in emergency department.
Registered Nurse	Royal Melbourne Hospital, Australia	2012 – 2014	Providing critical care to acutely ill patients in ICUs and emergency department.
Registered Nurse	Sultan Qaboos University Hospital, Oman	2009- 2010	Providing critical care to acutely ill patients in ICUs and emergency department.

<b>SCHOLARLY WORK</b>			
<i>Title</i>	<i>Type</i>	<i>Date</i>	Implications to Roles
Raman, S., Labrague, L. J., Arulappan, J., Al Zaabi, O. A. M., Natarajan, J., & Vincent, S. C. (2020). Experiences of Arab male nursing students during high fidelity maternity simulation training. <i>Nursing forum</i> .	Publication	2020	Consider the results of the study in the clinical teaching
Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2019). Islamic parents' attitudes and beliefs towards school-based sexual and reproductive health education programmes in Oman. <i>Sex Education</i> , 19(1),1-17.	Publication	2019	<ul style="list-style-type: none"> <li>● Utilizing the results of this study in improving adolescent sexual and reproductive health</li> <li>● Provide recommendation for HIV/STI prevention programs</li> <li>● Improve school nurse sexual health knowledge</li> </ul>
Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2019). <i>Attitudes of parents, school teachers and school nurses towards school-based comprehensive sexuality education programs in Oman</i> . Oral	Conference	2019	<ul style="list-style-type: none"> <li>● Utilizing the results of this study in improving adolescent sexual and reproductive health</li> </ul>



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presentation presented at 2019 Australian Sexual health conference, Perth , Australia			<ul style="list-style-type: none"> <li>● Provide recommendation for HIV/STI prevention programs</li> <li>● Improve school nurse sexual health knowledge</li> </ul>
Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2018). <i>Islamic parents' attitudes and beliefs towards school-based sexual and reproductive health education programmes in Oman</i> . Oral presentation presented at conference of IUSTI Asia Pacific Sexual Health Congress 2018, Auckland, New Zealand	Conference	2018	<ul style="list-style-type: none"> <li>● Utilizing the results of this study in improving adolescent sexual and reproductive health</li> <li>● Provide recommendation for HIV/STI prevention programs</li> <li>● Improve school nurse sexual health knowledge</li> </ul>

<b>PROFESSIONAL DEVELOPMENT</b>			
<i>Title</i>	<i>Type/Institution</i>	<i>Date</i>	<i>Implications to Roles</i>
Research Methodology Workshop	Workshop/SQU	2020	Improving the skills of writing manuscripts for publication
Evidence Based Practice Continuing Nursing Education	Workshop/SQU	2020	Improving the skills and knowledge of nurses regarding evidence based practice
Endnote Workshop	Workshop/SQU	2019	Improving the skills of writing manuscripts for publication
Blueprint development workshop for Oman occupational classification exam for nurses	Workshop/Oman Medical Specialty Board	2019	Improving the skills of writing nursing exam questions
Coordinator of First Aid Workshop for School Students	Workshop/SQU	2019	Improving the skills and knowledge of school students about first aid