



Sultan Qaboos University
College of Nursing
Academic Staff Curriculum Vitae



**OMAR AL ZAABI, PhD, MANP, DN (NURSE PRACTITIONER),
BSN, RN**

ASSISTANT PROFESSOR, CRITICAL CARE NURSING

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|----------------------------|---|
| Date of Appointment at SQU | November 21, 2009 |
| SQU ID | 9002 |
| Office Extension | 5426 |
| SQU Email | alzaabi@squ.edu.om |
| Mobile Phone | 96308130 |
| Nationality | Omani |
| Department | Adult Health and Critical Care |
| Areas of Expertise | Critical Care Nursing; HIV; Adolescent Sexual Health; Sex Education |

ACADEMIC DEGREES

| <i>Degree</i> | <i>Completion Date</i> | <i>Institution</i> | <i>Specialty</i> |
|-------------------------------------|------------------------|------------------------------------|---------------------------|
| Bachelor's of Nursing Science | 2009 | Sultan Qaboos University | Nursing |
| Master of Advanced Nursing Practice | 2013 | University of Melbourne; Australia | Advanced Nursing Practice |
| Doctor of Philosophy | 2018 | RMIT University; Australia | Nursing |

LICENSURE

| <i>License</i> | <i>License Number</i> | <i>Licensure Country</i> | <i>Expiration Date</i> |
|--------------------|-----------------------|--------------------------|------------------------|
| Registered Nurse | 9002 | Oman | 2014 |
| Nurse Practitioner | 3518010 | Australia | 2021 |

CERTIFICATION

| <i>Certificate</i> | <i>Certificate Type</i> | <i>Date Acquired</i> | <i>Expiration Date</i> |
|------------------------------|-------------------------|----------------------|------------------------|
| NIDA Clinical Trails Network | Research | 2020 | 2023 |

TEACHING RESPONSIBILITY

| <i>Course Code and Title</i> | <i>Role/Responsibilities</i> |
|--|---|
| NURS2020 Adult Health Nursing 1 Theory | Course coordinator and clinical faculty |
| NURS2021 Adult Health Nursing 1 Clinical | Course coordinator and clinical faculty |

NON-TEACHING RESPONSIBILITY

| <i>Office/Committee</i> | <i>Role/Responsibilities</i> |
|--------------------------------------|------------------------------|
| College Board | Member |
| Ethical Committee | Member |
| Curriculum Committee | Member |
| Peer Review of Teaching Committee | Member |
| Examination and Evaluation Committee | Member |
| Coordinator of Nursing Student Group | Coordinator |
| Sex education Journal | Reviewer |



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| Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine (ASHM) | Member |
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TEACHING EXPERIENCE AND EMPLOYMENT

| <i>Position</i> | <i>Employer/Country</i> | <i>Start/Ending Dates</i> | <i>Role responsibilities (Brief)</i> |
|---------------------|-------------------------|---------------------------|---|
| Assistant Professor | SQU, Oman | 2018- Present | Undergraduate nursing theory and clinical teaching. |
| Clinical Instructor | SQU, Oman | 2009 – 2015 | Undergraduate nursing clinical teaching. |

CLINICAL EXPERIENCE AND EMPLOYMENT

| <i>Position</i> | <i>Employer/Country</i> | <i>Start/Ending Dates</i> | <i>Role responsibilities (Brief)</i> |
|--------------------|---|---------------------------|--|
| Nurse Practitioner | Royal Melbourne Hospital, Australia | 2016- 2017 | Providing primary and acute critical care to the adult patients in emergency department. |
| Registered Nurse | Royal Melbourne Hospital, Australia | 2012 – 2014 | Providing critical care to acutely ill patients in ICUs and emergency department. |
| Registered Nurse | Sultan Qaboos University Hospital, Oman | 2009- 2010 | Providing critical care to acutely ill patients in ICUs and emergency department. |

SCHOLARLY WORK

| <i>Title</i> | <i>Type</i> | <i>Date</i> | <i>Implications to Roles</i> |
|---|-------------|-------------|--|
| Raman, S., Labrague, L. J., Arulappan, J., Al Zaabi, O. A. M., Natarajan, J., & Vincent, S. C. (2020). Experiences of Arab male nursing students during high fidelity maternity simulation training. <i>Nursing forum</i> . | Publication | 2020 | Consider the results of the study in the clinical teaching |
| Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2019). Islamic parents' attitudes and beliefs towards school-based sexual and reproductive health education programmes in Oman. <i>Sex Education</i> , 19(1),1-17. | Publication | 2019 | <ul style="list-style-type: none"> Utilizing the results of this study in improving adolescent sexual and reproductive health Provide recommendation for HIV/STI prevention programs Improve school nurse sexual health knowledge |
| Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2019). <i>Attitudes of parents, school teachers and school nurses towards school-based comprehensive sexuality education programs in Oman</i> . Oral | Conference | 2019 | <ul style="list-style-type: none"> Utilizing the results of this study in improving adolescent sexual and reproductive health |



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| presentation presented at 2019 Australian Sexual health conference, Perth , Australia | | | <ul style="list-style-type: none"> ● Provide recommendation for HIV/STI prevention programs ● Improve school nurse sexual health knowledge |
| Al Zaabi, O., Heffernan, M., Holroyd, E., & Jackson, M. (2018). <i>Islamic parents' attitudes and beliefs towards school-based sexual and reproductive health education programmes in Oman</i> . Oral presentation presented at conference of IUSTI Asia Pacific Sexual Health Congress 2018, Auckland, New Zealand | Conference | 2018 | <ul style="list-style-type: none"> ● Utilizing the results of this study in improving adolescent sexual and reproductive health ● Provide recommendation for HIV/STI prevention programs ● Improve school nurse sexual health knowledge |

| PROFESSIONAL DEVELOPMENT | | | |
|---|---------------------------------------|-------------|--|
| <i>Title</i> | <i>Type/Institution</i> | <i>Date</i> | <i>Implications to Roles</i> |
| Research Methodology Workshop | Workshop/SQU | 2020 | Improving the skills of writing manuscripts for publication |
| Evidence Based Practice Continuing Nursing Education | Workshop/SQU | 2020 | Improving the skills and knowledge of nurses regarding evidence based practice |
| Endnote Workshop | Workshop/SQU | 2019 | Improving the skills of writing manuscripts for publication |
| Blueprint development workshop for Oman occupational classification exam for nurses | Workshop/Oman Medical Specialty Board | 2019 | Improving the skills of writing nursing exam questions |
| Coordinator of First Aid Workshop for School Students | Workshop/SQU | 2019 | Improving the skills and knowledge of school students about first aid |