



Sultan Qaboos University
College of Nursing
Academic Staff Curriculum Vitae



BLESSY PRABHA VALSARAJ, PhD, RN

ASSISTANT PROFESSOR

Date of Appointment at SQU	January 16, 2017
SQU ID	18426
Office Extension	5433
SQU Email	blessy.v@squ.edu.om
Mobile Phone	92149765
Nationality	Indian
Department	Community and Mental Health
Areas of Expertise	Mental Health Nursing Nursing Research Nursing Education

ACADEMIC DEGREES

<i>Degree</i>	<i>Completion Date</i>	<i>Institution</i>	<i>Specialty</i>
Bachelor's of Nursing Science	1997	Dr. MGR Medical University	Nursing
Master's of Nursing Science	2002	Rajiv Gandhi University of Health Sciences	Psychiatric/Mental Health Nursing
Doctor of Philosophy	2014	Manipal Academy of Higher Education	Nursing

LICENSURE

<i>License</i>	<i>License Number</i>	<i>Licensure Country</i>	<i>Expiration Date</i>
Registered Nurse	RR-BSc-127	India	2021
Masters in Nursing	383	India	2021

CERTIFICATION

<i>Certificate</i>	<i>Certificate Type</i>	<i>Date Acquired</i>	<i>Expiration Date</i>
Hypnosis Therapist	Clinical	2020	2023
Teaching Critical Thinking	Clinical/Teaching	2020	2023
Protection of Human Rights	Research	2017	2021

TEACHING RESPONSIBILITY

<i>Course Code and Title</i>	<i>Role/Responsibilities</i>
NURS3016 Psychiatric Mental Health Nursing	Course coordinator
NURS3017 Psychiatric Mental Health Nursing Clinical	Course coordinator
NURS4024 Graduation Project	Couse Faculty

NON-TEACHING RESPONSIBILITY

<i>Office/Committee</i>	<i>Role/Responsibilities</i>
College Board	Member (HoD)
Executive Committee	Member (HoD)
Community and Mental Health Department	Head of department (HoD)
College Ethics and Scientific Research	Member
Curriculum Committee	Member
Peer Review Committee	Member



Sultan Qaboos University
College of Nursing
Academic Staff Curriculum Vitae

TEACHING EXPERIENCE AND EMPLOYMENT			
<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	<i>Role responsibilities (Brief)</i>
Assistant Professor & HoD	SQU, Oman	2017- Present	Didactic teaching and evaluation of students and Dept. administration
Associate Professor	Manipal Academy of Higher Education, India	2008 - 2017	PG Coordinator, Research guidance, Chairperson Research Core Committee
Assistant Professor	Manipal Academy of Higher Education, India	2006 - 2008	Didactic teaching and evaluation of undergraduate & post-graduate
Lecturer	Manipal Academy of Higher Education, India	2003 - 2017	Didactic teaching and evaluation of undergraduate students
Lecturer/Clinical Instructor	Laxmi College of Nursing/ Wenlock Hospital	1998 – 2000	Didactic teaching and evaluation of undergraduate. Providing care to acutely ill patients while supervising the students.
CLINICAL EXPERIENCE AND EMPLOYMENT			
<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	<i>Role responsibilities (Brief)</i>
PG Student/ Staff Nurse	Fr. Muller Hospital	2000- 2002	Providing primary and acute mental health services.
SCHOLARLY WORK			
<i>Title</i>	<i>Type</i>	<i>Date</i>	<i>Implications to Roles</i>
Effects of Cognitive Behaviour Therapy Hemodialysis Adherence: A Randomized Controlled Trial	Publication	2020	Including the results of the study in lectures/seminars
Planning and implementing OSCE as a clinical examination method in mental Health Nursing. Perceptions of undergraduate students.	Publication	2019	Improving the clinical teaching and evaluation in the field of Nursing Education.
Experience of faculty in Emergency Remote Teaching: Multicenter Qualitative Analysis	Research study	2020	Improving the quality of online education.
Mental Health Simulation: Knowledge, Competency, Anxiety, Satisfaction and Perception among Nursing students.	Internal Grant	2019	Strengthening Mental Health Nursing Education
PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution</i>	<i>Date</i>	<i>Implications to Roles</i>
Shifting to Remote Teaching Environment	Webinar/Lippincott	2020	Acquiring online teaching skills to optimize student learning
Simulations and Other Strategies to Replace Clinical Hours	Webinar/Lippincott	2020	Updating the teaching skills to improve the education.