



RASHA ABU-BAKER, MSN, RN LECTURER

Date of Appointment at SQU	September 8, 2019
SQU ID	13562
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Mobile Phone	93506140
Nationality	Jordanian
Department	Community and Mental Health
Areas of Expertise	Staff Nurse Community and Mental Health Lecturer Clinical Instructor

ACADEMIC DEGREES			
Degree	Completion Date	Institution	Specialty
Bachelor of Nursing Science	2008	Al_Albayt University	Nursing
Master of Nursing Science	2016	The Hashimate University	Psychiatric and
			Mental Health
			Nursing

LICENSURE			
License	License Number	Licensure Country	Expiration Date
Registered Nurse	60001	Jordan	Life long
Jordanian Nurses and Midwives Counci	13217	Jordan	2021
CERTIFICATION			
Certificate	Certificate Type	Date Acquired	Expiration Date
Cognitive Behavioral Therapy (CBT)	Clinical	2016	Life long
Eye Movement Desensitization and Reprocessing (EMDR)	Clinical	2016	Life long
Play Therapy	Clinical	2018	Life long
Self Confidence Skills	Clinical	2019	Life long
Endnote	Teaching	2019	Life long
Qualitative Research	Teaching	2019	Life long
Nursing Research	Teaching	2019	Life long
First Aid	Clinical	2019	2021

TEACHING RESPONSIBILITY				
Course Code and Title	Role/Responsibilities			
NURS4017 Community Health Nursing / Clinical	Clinical Instructor			
NURS3017 Psychiatric Mental Health Nursing / Clinical	Clinical Instructor			

Non-Teaching Responsibility				
Office/Committee Role/Responsibilities				
Community and Mental Health department	Member			



Quality Assurance and Academic Accreditation Unit	Member
Bulletin of The Australian Centre on Quality of Life	Member

TEACHING EXPERIENCE AND EMPLOYMENT					
Position Employer/Country Start/Ending Dates Role responsibilities (Brief)					
Lecture	SQU, Oman	2019- Present	Undergraduate clinical teaching and evaluation		
Clinical Instructor	Hail University, KSA	2010-2011	Under graduate Clinical instructor		

CLINICAL EXPERIENCE AND EMPLOYMENT					
Position	Employer/Country	Start/Ending Dates	Role responsibilities (Brief)		
Registered Nurse	Islamic Hospital, Jordan	2008 - 2010	Maternity/labour ward Providing primary and acute care health services to the		
			pregnant women.		

SCHOLARLY WORK				
Title	Туре	Date	Implications to Roles	
A-zero tolerance: A policy in workplace violence and aggression	Literature Review	2020	Revising workplace and assess the violence and aggression factors	
Workplace Violence against Psychiatric Nurses	Literature Review	2020	Understanding the scope and nature of violence against psychiatric nurses	
Job Satisfaction among Jordanian Psychiatric Nurses	Literature Review	2020	Identifying the relationship between job satisfaction and work in psychiatric unit among Jordanian psychiatric nurses	
Family therapy for adolescent with anorexia nervosa – A literature review	Literature Review	2020	Evaluating the effectiveness and to provide an overview of family therapy in treating anorexia nervosa among adolescents	
CHARGE syndrome (congenital anomalies): A case report	Case Report	2020	Summarizing the importance of a multidisciplinary approach in dealing with congenital anomalies	
Hysterectomy as forced sterilization in intellectual disabilities Adolescences: legal and Ethical Argumentations	Position Statement	2020	Revising the legal and ethical arguments toward Hysterectomy as forced sterilization in intellectual disabilities Adolescences	
Effects of Tele-Nursing Intervention among Patients with Schizophrenia: An Evidence Based	Systematic Review	2020	Assessing tele-psychiatry; regular telephone calls and short text messages in progressing the medication adherence of patients with schizophrenia	
The Effect of Biofeedback Therapy for Autistic Spectrum Disorder (ASD)	Literature Review	2020	Assessing the effectiveness of biofeedback as a method of treatment of the core symptoms of ASD	



Investigation on Abortion: Legal and Ethical Argumentations	Argumentative Paper	2020	presenting both the legal and ethical views of opponents and proponents regarding this issue and provide recommendations to reduce unwanted pregnancies
A Position Statement on Abortion	Position Statement	2020	Presenting proponents' and opponents' viewpoints regarding abortion and provide recommendations and a course of action to reduce unwanted pregnancies and meet the women's family planning needs
Psychological distress and Quality of life of Nursing and non-nursing students in SQU during Coronavirus Disease (COVID-19)	Research	2020	Examining the psychological distress and quality of life among nursing and non-nursing students and comparing the psychological distress and quality of life between nursing and non-nursing students
Knowledge, attitude, and practice towards the Coronavirus among Nursing Students at Sultan Qaboos University	Research	2020	Exploring the nursing knowledge and practice toward the corona virus
Perceptions of students regarding E- learning during Covid-19 among Students at Sultan Qaboos University, Oman	Research	2020	Exploring the student's perceptions toward e- learning to improve the e- learning quality

PROFESSIONAL DEVELOPMENT					
Title	Type/Institution	Date	Implications to Roles		
Oman Thoracic Conference	Conference	2019	Understanding of respiratory		
			disease		
Forensic Psychiatry Conference	Conference	2019	Dealing with the assessment		
			and treatment of offenders in		
			prisons, secure hospitals and		
			the community with mental		
			health problems		
Psychiatric Emergency	Conference	2019	Detecting life-threatening		
			conditions which include		
			acute or chronic mental		
			disorders which if untreated		
			may lead to harm, either to the individual or to others in		
			the environment		
Infertility conference	Conference	2020	Understanding of		
			reproductive, and Obstetric		
			issues		



Turnitin Assignment/ Grade Feedback/	Workshop/SQU	2020	Improving the teaching
Question Bank			methods/strategies in E-
			learning