



Sultan Qaboos University
College of Nursing
Academic Staff Curriculum Vitae

FAISAL AL RASHDI, MSN, RN

LECTURER

Date of Appointment at SQU	September 1st, 2024
SQU ID	9182
Office Extension	5439
SQU Email	faisalr@squ.edu.om
Mobile Phone	97676454
Nationality	Omani
Department	Fundamentals and Administration Department
Areas of Expertise	Nursing Administration Fundamental of Nursing Mental Health

ACADEMIC DEGREES

<i>Degree</i>	<i>Completion Date</i>	<i>Institution</i>	<i>Specialty</i>
Bachelor's of Nursing Science	2010	SQU (Oman)	Nursing
Master's of Nursing Science	2024	SQU (Oman)	Nursing Science

LICENSURE

<i>License</i>	<i>License Number</i>	<i>Licensure Country</i>	<i>Expiration Date</i>
Registered Nurse		Oman	

CERTIFICATION

<i>Certificate</i>	<i>Certificate Type</i>	<i>Date Acquired</i>	<i>Expiration Date</i>
Basic Life Support, Provider	Clinical	2024	2026
Personal Safety and Aggression Management, Instructor	Teaching	2018	Valid

TEACHING RESPONSIBILITY

<i>Course Code and Title</i>	<i>Role/Responsibilities</i>
NURS2150 (Fundamentals of Nursing - Clinical)	Lecturer

NON-TEACHING RESPONSIBILITY

<i>Office/Committee</i>	<i>Role/Responsibilities</i>
▪ Fundamentals and Administration Department Board	Member

TEACHING EXPERIENCE AND EMPLOYMENT

<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	<i>Role responsibilities (Brief)</i>
Clinical Instructor – Part time-	SQU, Oman	2019-2021	Undergraduate clinical teaching and evaluation.
Lecturer	SQU, Oman	2024	Undergraduate clinical teaching and evaluation.



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CLINICAL EXPERIENCE AND EMPLOYMENT			
<i>Position</i>	<i>Employer/Country</i>	<i>Start/Ending Dates</i>	<i>Role responsibilities (Brief)</i>
Registered Nurse	SQUH, Oman	2010-2017	Providing direct patient care.
Deputy Head Nurse	SQUH, Oman	2018-2024	Nursing Admin and Leadership.
SCHOLARLY WORK			
<i>Title</i>	<i>Type</i>	<i>Date</i>	<i>Implications to Roles</i>
Self-Management Behavior and Knowledge of Mentally ill Omani Patients.	Publication	2021	Enhances awareness of self-management Behavior among patients with mental illness.
Prevalence and associated factors of metabolic Syndrome among adults with mental illnesses.	For Publication	2024	Assess the prevalence of metabolic syndrome and shed light on the importance of monitoring the metabolic syndrome among patients with mental illnesses.
PROFESSIONAL DEVELOPMENT			
<i>Title</i>	<i>Type/Institution</i>	<i>Date</i>	<i>Implications to Roles</i>
National Symposium: Ethics of Scientific Research, Technology and Innovation (Attendant).	Ministry of Higher Education	2-3/11/ 2022	Understanding research ethical issues in Oman.
Work Life Balance Workshop for Nurses (Participant)	SQUH	18/12/2020	Raising awareness about challenges of work-life balance among nurses.
Personal Safety and Aggression Management Workshop (TOT).	Training Department (SQUH)	04/03/2018	Empower health care providers with self-defense and safety techniques.
Leadership and Management Workshop (Participant).	SQUH	09/03/2017	Enhance my leadership and management skills.
Junior Nurses Workshop, Behavioral Medicine Department (Participant).	SQUH	20/01/2017	Enhance knowledge and skills of new staff.
Sohar National Nursing and Midwifery Conference, Participant	Sohar Hospital	05/12/2013	Raise awareness about importance of mental health.