Termination of Resuscitation

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• Goals of resuscitation

• National DNR policy.

• TOR guideline.
Goals of Resuscitation

- To preserve life.
- Restore health.
- Relieve suffering.
- Limit disability.
- Respect individual’s decision, rights and privacy.
National DNR Policy

The decision to terminate resuscitation efforts is fraught with ethical and legal considerations.
Any TOR guideline must be highly reliable, accurate and legally defensible.
National DNR policy

• National Bioethics Committee.

• Last circulated draft was on 23.4.2015.

• Awaiting approval.
National DNR Policy

Recognizing that not every illness can be cured, but that every patient must be cared for,
National DNR Policy

• Validity
• Conflict resolution
• The process of decision making
• Consent for DNR order
• Documentation
• CPR considered inappropriate in specific conditions.
TOR guideline

• unwitnessed cardiac arrest.

• No ROSC.

• No shockable rhythm.

• IF ANY CRITERIA MISSING CONTINUE CPR
ALS termination of resuscitation

2015

- Arrest not witnessed by emergency personnel
- No return of spontaneous circulation
- No shock was delivered

If all criteria are present, consider termination of resuscitation

If any criteria are missing, continue resuscitation
TOR guideline

IF ALL ARE PRESENT

• 100% specificity and 100% PPV for futility.

• Medical futility defined as < 1% chance of survival.
Universal TOR

- Re-examined in many studies.
- Sasson 2008 JAMA
- Ruygrok 2009 Annals of Emergency Medicine
- Richman 2008 Academic Emergency
- Kajion 2013 Resuscitation
- Drennan 2013 Resuscitation.
MY MESSAGES

• Patients have to receive care.

• Get access to National DNR policy draft.

• You can terminate a code for transported pt when ALL are present:
  Unwitnessed arrest
  No shockable rhythm
  No ROSC.
THANK YOU